

ENDOSCOPY, EUS AND ERCP INSTRUCTIONS

Your procedure has been scheduled with Dr. _____

On _____, _____, _____ at _____ am/pm
Day Month Date Arrival Time

At:

- | | |
|--|--|
| <input type="checkbox"/> Washington Hospital
Admitting Department
2000 Mowry Avenue
Fremont, CA
510-797-1111 | <input type="checkbox"/> Washington Outpatient Surgery Center
First Floor
2299 Mowry Avenue
Fremont, CA
510-791-5374 |
|--|--|

If you need to cancel or reschedule your procedure please call our office 3 days prior to the procedure at 510-248-1843.

EVENING PRIOR TO YOUR PROCEDURE:

- Please DO NOT eat or drink anything after midnight the night before your procedure

AFTER YOUR PROCEDURE:

- You MUST have a responsible driver pick you up and a responsible caregiver at home with you for 4 hours after discharge

IMPORTANT: There are Medications which MUST be Stopped Prior to your procedure.

- Refer to the "Medication Instructions" on the last two pages.
- Always discuss medication concerns with your doctor.

PLEASE CALL THE OFFICE IF YOU HAVE ANY QUESTIONS AT (510) 248-1843

MEDICATION INSTRUCTIONS

Please discuss with your health care provider or cardiologist specific instructions prior to discontinuing any medications.

ANTI-PLATELET – Discontinue 5 Days Prior to Procedure, unless otherwise specified by your physician

- | | | |
|---|--|--|
| <input type="checkbox"/> Clopidogrel (Plavix) | <input type="checkbox"/> Ticagrelor (Brilinta) | <input type="checkbox"/> Prasugrel (Effient) |
| <input type="checkbox"/> Ticlopidine (Ticlid) | <input type="checkbox"/> Eptifibatide (Integrilin) | |

ANTI-COAGULANT – Discontinue 4 Days Prior to Procedure

- Warfarin (Coumadin)

ANTI-COAGULANT – Discontinue 2 Days Prior to Procedure

- | | | |
|--|---|---|
| <input type="checkbox"/> Rivaroxaban (Xarelto) | <input type="checkbox"/> Dabigatran (Pradaxa) | <input type="checkbox"/> Apixaban (Eliquis) |
|--|---|---|

ANTI-COAGULANT – Discontinue 1 Day Prior to Procedure

- | | |
|----------------------------------|---|
| <input type="checkbox"/> Heparin | <input type="checkbox"/> Enoxaparin (Lovenox) |
|----------------------------------|---|

ANTI-COAGULANT – Ask the Prescribing Doctor When to Discontinue

- | | |
|---|---|
| <input type="checkbox"/> Edoxaban (Savaysa) | <input type="checkbox"/> Fondaparinux (Arixtra) |
|---|---|

OTHER MEDICATIONS – Discontinue 5 Days Prior to Procedure

- | | | |
|--|--|------------------------------------|
| <input type="checkbox"/> Fish Oil | <input type="checkbox"/> Iron Supplements | <input type="checkbox"/> Vitamin E |
| <input type="checkbox"/> Gingko | <input type="checkbox"/> Metamucil | <input type="checkbox"/> Hydrocil |
| <input type="checkbox"/> Other Bulk Preparations | <input type="checkbox"/> Turmeric (Curcumin) | |

FOR 5 DAYS PRIOR TO PROCEDURE – You may take TYLENOL if needed.

ROUTINE PRESCRIBED MEDICATIONS – Continue taking as prescribed.

FOR 3 DAYS PRIOR TO PROCEDURE– Stop JARDIANCE

DIABETES MEDICATIONS – Discuss with your Endocrinologist or healthcare provider.

- Day of the Procedure: DO NOT take your diabetes medication

MEDICATION INSTRUCTIONS

Please review the guidelines from American Society of Anesthesiologists regarding preoperative holding of glucagon-like peptide receptor agonists:

Dulaglutide (Trulicity)
Exenatide (Byetta)
Exenatide extended-release (Bydureon)
Liraglutide (Victoza)
Lixisenatide (Adlyxin)
Semaglutide injection (Ozempic)
Semaglutide tablets (Rybelsus)
Tirzepatide (Mounjaro)
Wegovy (Semaglutide)

If they are given by WEEKLY INJECTION, these medications SHOULD BE HELD 1 WEEK BEFORE procedure.

If they are given ORALLY on a DAILY basis, they SHOULD BE HELD on the DAY BEFORE procedure.