**Arun Srivatsa, MD**

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2557 Mowry Avenue, Suite 10

 **Gastroenterology** Fremont, CA 94538

 Phone: 510-248-1843

**ENDOSCOPY, EUS AND ERCP INSTRUCTIONS**

**Your procedure has been scheduled with Dr.\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**On \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, \_\_\_\_\_\_\_\_\_ at \_\_\_\_\_\_\_\_\_\_\_\_am/pm**

 **Day Month Date Arrival Time**

**At:**

**Washington Hospital Washington Outpatient Surgery Center**

 **Admitting Department First Floor**

 **2000 Mowry Avenue 2299 Mowry Avenue**

 **Fremont, CA Fremont, CA**

 **510-797-1111 510-791-5374**

**If you need to cancel or reschedule your procedure please call our office 3 days prior to the procedure at 510-248-1843.**

**EVENING PRIOR TO YOUR PROCEDURE:**

* **Please DO NOT eat or drink anything after midnight the night before your procedure**

**AFTER YOUR PROCEDURE:**

* **You MUST have a responsible driver pick you up and a responsible caregiver at home with you for 4 hours after discharge**

**IMPORTANT: There are Medications which MUST be Stopped Prior to your procedure.**

* **Refer to the “Medication Instructions” on the last two pages.**
* **Always discuss medication concerns with your doctor.**

***PLEASE CALL THE OFFICE IF YOU HAVE ANY QUESTIONS AT (510) 248-1843***

**MEDICATION INSTRUCTIONS**

**Please discuss with your health care provider or cardiologist specific instructions prior to discontinuing any medications.**

**ANTI-PLATELET – Discontinue 5 Days Prior to Procedure, unless otherwise specified by your physician**

**Clopidogrel (Plavix) Ticagrelor (Brilinta) Prasugrel (Effient)**

**Ticlodipine (Ticlid) Eptifibatide (Integrilin)**

**ANTI-COAGULANT – Discontinue 4 Days Prior to Procedure**

**Warfarin (Coumadin)**

**ANTI-COAGULANT – Discontinue 2 Days Prior to Procedure**

**Rivaroxaban (Xarelto) Dabigatran (Pradaxa) Apixaban (Eliquis)**

**ANTI-COAGULANT – Discontinue 1 Day Prior to Procedure**

**Heparin Enoxaparin (Lovenox)**

**ANTI-COAGULANT – Ask the Prescribing Doctor When to Discontinue**

**Edoxaban (Savaysa) Fondaparinix (Arixtra)**

**OTHER MEDICATIONS – Discontinue 5 Days Prior to Procedure**

**Fish Oil Iron Supplements Vitamin E**

**Gingko Metamucil Hydrocil**

**Other Bulk Preparations Turmeric (Curcumin)**

**FOR 5 DAYS PRIOR TO PROCEDURE – You may take TYLENOL if needed.**

**ROUTINE PRESCRIBED MEDICATIONS – Continue taking as prescribed.**

**FOR 3 DAYS PRIOR TO PROCEDURE– Stop JARDIANCE**

**DIABETES MEDICATIONS – Discuss with your Endocrinologist or healthcare provider.**

* **Day of the Procedure: DO NOT take your diabetes medication**

**MEDICATION INSTRUCTIONS**

**Please review the guidelines from American Society of Anesthesiologists regarding preoperative holding of glucagon-like peptide receptor agonists:**

**Dulaglutide (Trulicity)**

**Exenatide (Byetta)**

**Exenatide extended-release (Bydureon)**

**Liraglutide (Victoza)**

**Lixisenatide (Adlyxin)**

**Semaglutide injection (Ozempic)**

**Semaglutide tablets (Rybelsus)**

**Tirzepatide (Mounjaro)**

**Wegovy (Semaglutide)**

**If they are given by WEEKLY INJECTION, these medications SHOULD BE HELD 1 WEEK BEFORE procedure.**

**If they are given ORALLY on a DAILY basis, they SHOULD BE HELD on the DAY BEFORE procedure.**